

7:30 – 8:00	<i>Registration/Continental Breakfast</i>		
8:00 – 9:00	Patricia Gann Deputy Director Arkansas Division of Aging and Behavioral Adult Services <i>Review of the Arkansas State Aging Plan</i>		
	<i>9:00 – 9:15 Break and Visit with Vendors, Poster Viewing</i>		
	Ethical/Legal- Topics	Health Topics	Psycho-Social
9:15 – 10:15	Greg Adams LCSW, ACSW, FT Program Coordinator, Center for Good Mourning and Staff Bereavement Support <i>Can't we Talk about Sex (or Religion or Politics) Instead? Challenges Discussing Death Planning</i>	Dr. Leah Wood, DNP, APRN, FNP-BC Assistant Professor, School of Nursing University of Central Arkansas <i>Pain management for the Mature Adult</i>	Donna LeBlanc, MSN, APRN Nurse Educator, UAMS Centers on Aging <i>Respite Care</i>
	<i>10:15 – 10:30 Break, Visit with Vendors, Poster Viewing</i>		
10:30 – 11:30	Timothy Russell, JD Owner Estate Planners of Arkansas PA <i>Estate Planning</i>	Lavona Traywick PhD, OT Assistant Professor, Occupational Therapy University of Central Arkansas <i>Small Joints are a Big Deal</i>	Kerry Jordan PhD, RN, CNL Assistant Professor, Nursing University of Central Arkansas <i>Nixing the Muddle: Assisting Decision Making</i>
	<i>11:30-11:45 Break, Visit with Vendors, Poster Viewing</i>		
11:45-12:45	Brandi M. Schneider, LMSW Director of Aging & Administrative Services UAMS Schmeiding Center Springdale <i>Anticipatory Grieving</i>	Chineta Ford Yoga Instructor Jim Dailey Fitness & Aquatic Center <i>Chair Yoga</i>	Priscilla Pittman LMSW Consultant <i>Cognitive Health</i>
	<i>12:45 – 1:30 Lunch; 1:30-1:45 Break and Visit with Vendors Poster Viewing</i>		
1:45 – 2:45	Dr. Regina Gibson PhD, MALS, RN, CHES, CCRP and Dr Gohar Azhar M. D. UAMS Department of Geriatrics <i>Understanding Opioid Pain Medications: Information for Mature Adults and Caregivers</i>		
	<i>2:45 – 3:00 Break and Visit with Vendors, Poster Viewing</i>		
300 - 400	David Cook Public Policy Manager Alzheimer's Arkansas <i>Review of the State Alzheimer's Plan</i>		



Spring Conference Schedule: April 9, from 8:00 AM – 12:00 PM “Lifelong Engagement”

Vines 4-H Center

8:00 – 8:30	Registration and Continental Breakfast	
8:30 – 9:30	Shawanda Robinson Recreation Programmer City of Little Rock Ellen Fennell Former Executive Director Audubon Arkansas <i>Age Friendly Little Rock Commission</i> <i>Reinventing Our Town</i>	
	<i>9:30 – 9:45 Break and Visit with Vendors, Poster Viewing</i>	
9:45 – 10:45	Dr. Beverly Foster DC Chiropractor Chiropractic Health and Rehab <i>Non-Drug Options for Back Pain</i>	Jessica Vincent, M.Ed., B.S., CFT, RYT Health and Wellness Project Coordinator Program Manager, HOP University of Arkansas System Division of Agriculture Cooperative Extension Service <i>Adaptive Gardening</i>
	<i>10:45 – 11:00 Break, Visit with Vendors, Poster Viewing</i>	
11:00 – 12:00	Vanessa Krause, LMSW Program Director/Principal Investigator Arkansas Disability and Health Program Partners for Inclusive Communities <i>Adapting Your Home to Age in Place</i>	

Posters & Silent Auction: Room 206